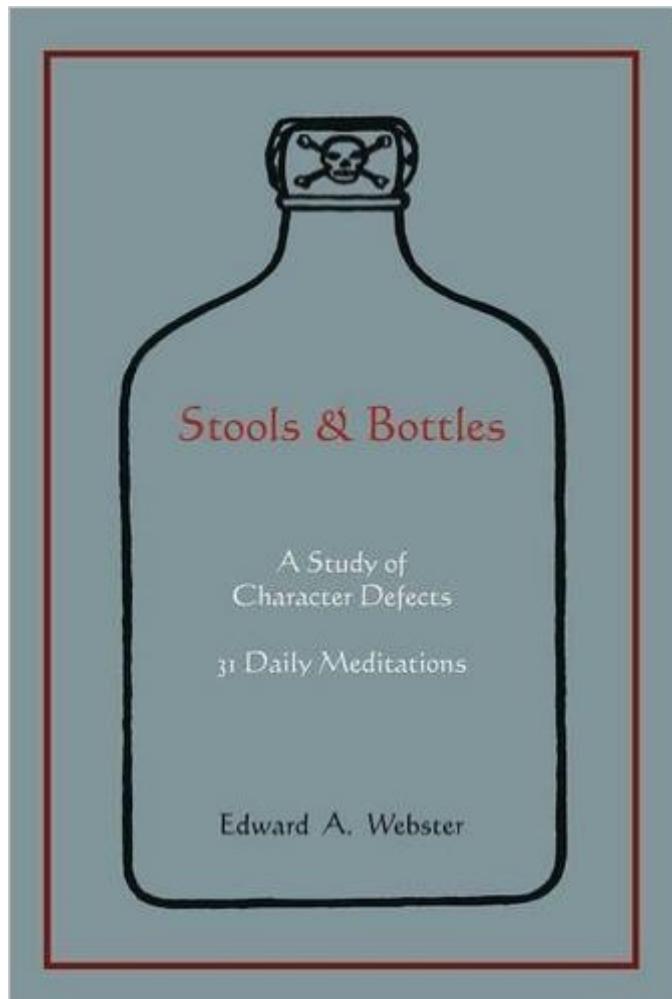


The book was found

# Stools And Bottles: A Study Of Character Defects--31 Daily Meditations



## **Synopsis**

2010 Reprint of 1955 edition. Some years ago the author of The Little Red Book worked out a novel presentation of the first four steps of the A.A. program. Visual aids, consisting of a three-legged stool and eight empty whiskey bottles, were used to portray the intangible factors of these fundamental steps. The book provides thirty-one daily reminders. They deal with A.A. problems commonly encountered by alcoholics who try to make A.A. their way of life.

## **Book Information**

Paperback: 160 pages

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Language: English

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Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ  See all reviewsÂ  (9 customer reviews)

Best Sellers Rank: #328,890 in Books (See Top 100 in Books) #79 inÂ  Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #488 inÂ  Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #28941 inÂ  Books > Self-Help

## **Customer Reviews**

The three legged stool is used as an example for Steps 1-3. A chapter is dedicated to each of these 3 steps. Another chapter for Step 4 and then character defects and what they mean, that will help us identify in our inventory and beyond. Then we have 31 daily meditations on character defects. Great study material from many years ago..still just as valid today!and then on character defects

this book out of AA has been around for a long time i briefly have viewed it but we who are in 12 step programs have to look and work on ourselves or nothing changes!good book and i look forward to "nestling:in with it soon.

All pages were copied from the original, oddly formatted in a larger book. I'll get the more expensive (green) hard cover next time.

This is a great book for someone in recovery. Especially someone in early recovery it will help you

through steps 1-4. There is a lot of old wisdom but it is all still applicable to today.

Great older text for 12 step programs. Goes through steps 1-3 ( the legs of the stool), then serious character defects are presented for step 4. Includes meditations as well.

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